

Questions for MCOs

Tobacco Cessation Benefits and Services for MHCP Enrollees

Cessation Counseling Services Provided to MHCP Enrollees:

- Is telephone counseling available to enrollees in your plan?
 - a. If yes, how many telephone counseling sessions are available for each quit attempt?
 - b. How many quit attempts are covered per year per enrollee?
- How many sessions of in-person individual and group counseling for smoking cessation are covered per year?

Cessation Medications – coverage for MHCP enrollees

- How many days' supply of **NRT** for cessation are covered per year?
- How many days' supply of **varenicline (Chantix)** for cessation are covered per year?
- How many days' supply of **bupropion (Wellbutrin or Zyban)** for cessation are covered per year?

Prior Authorization for MHCP enrollees:

- Do members need prior authorization to initiate the first counseling session?
- Do members need prior authorization for the first fill for any cessation medications? Step therapy (requiring a trial of one medication before another will be covered) is considered a form of prior authorization.
- Do members need to enroll in cessation counseling in order to receive cessation medications? (e.g., requiring enrollment in phone counseling in order to receive NRT) If so, does this apply to the first fill of cessation medications or for subsequent fills?

Other:

- Do MHCP enrollees have access to any other services related to tobacco cessation as part of their benefit plan? (If yes, please describe)
- Do you communicate with MHCP enrollees about available cessation services? If so, what types of communication and how frequently?