What is CDC's 6|18 Initiative?

Under CDC's *6|18 Initiative*, public health and Medicaid teams within 40 states and territories have come together to address six common and costly health conditions. Together, they implement one or more of 18 evidence-based interventions to improve health outcomes and control preventable health care costs.

CDC's *6|18 INITIATIVE* GOALS

Improve health and control costs using specific evidence-based interventions

Establish sustainable cross-sector partnerships between public health and health care purchasers, health plans, and providers to address shared health priorities

WHY 6|18?

CONTROL HIGH BLOOD PRESSURE

IMPROVE ANTIBIOTIC USE

CONTROL ASTHMA

REDUCE TOBACCO USE

PREVENT UNINTENDED PREGNANCY

PREVENT TYPE 2 DIABETES

6 High-burden health conditions

18 Evidence-based interventions that improve health and control costs

Research on health care interventions often lacks the necessary information to be practically useful. In response, CDC's *6|18 Initiative* is combining rigorous evidence with practical action steps.

Under the *6|18 Initiative*, the CDC has identified proven interventions that can prevent or control prevalent, high-burden conditions, potentially resulting in better health outcomes and controlling costs.

WHY ADOPT CDC'S *6|18 INITIATIVE*?

Align quality improvement goals

Accelerate the impact of value-based payment reform efforts

Promote effective and results-driven cross-sector collaboration

EXAMPLES OF 6|18 STATE/TERRITORY ACCOMPLISHMENTS

Here are some ways Medicaid and public health teams are using financing and contracting mechanisms to accelerate the adoption of CDC's *6|18 Initiative*.

Baseline coverage and utilization assessment (e.g., MCO surveys)

State Plan Amendments to enhance Medicaid benefits

Provider and member education

MCO contractual negotiations

Payment pilots

New scope of practice legislative authority

Changes in billing

CHCS Center for Health Care Strategies, Inc.

For practical how-to resources to help guide the implementation of proven interventions that can prevent or control prevalent, high-burden conditions, visit **www.618resources.chcs.org**.