Planning Worksheet for CDC’s 6|18 Initiative: Control High Blood Pressure

*State teams participating in CDC’s 6|18 Initiative should fill out this planning worksheet after working through the “*[*Getting Started: CDC’s 6|18 Initiative*](http://www.astho.org/Form/618-Tool/)*” tool and selecting “Control High Blood Pressure” as a priority health condition.*

**Technical Assistance Tool**

**Purpose:** This tool will help Medicaid and public health agencies adopting one or more of the 6|18 Initiative’s “Control High Blood Pressure” interventions better understand the health care landscape in which the intervention(s) would be implemented. The prompts listed below assist state Medicaid-public health teams in: (1) understanding the population(s) of interest; (2) identifying existing opportunities/initiatives that may be leveraged; and (3) determining how gaps can be addressed via implementation of the 6|18 intervention(s).

Individuals using this tool are encouraged to include additional relevant information as appropriate.

1. Identify the portion of market share covered by Medicaid.

*Indicate what percent of the population is covered by Medicaid, including what percent is covered by fee-for-service (FFS) Medicaid and what percent is covered by managed care (list managed care organizations (MCOs) by name and by number/percent of covered lives, if possible).*

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| # of Medicaid enrollees: Click here to enter text.% of population covered by Medicaid: Click here to enter text.% of Medicaid enrollees covered by FFS: Click here to enter text.% of Medicaid enrollees covered by managed care: Click here to enter text.Names of MCOs: Click here to enter text. |

1. Identify the rate of uncontrolled high blood pressure in your state or locality.

*Include sub-populations if relevant (e.g., pregnant women, teenagers, etc.).*

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| Click here to enter text. |

1. **Describe best practices and/or lessons learned from previous initiatives related to controlling high blood pressure.**

*Provide specific examples.* *Include partners/partner types that were integral to success (e.g., MCOs, providers/hospitals, community organizations, etc.).*

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| Click here to enter text. |

1. Describe current barriers and/or challenges to initiating or advancing interventions focused on controlling high blood pressure. Consider the following areas: Public and provider awareness, data access, and evaluation.

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| Click here to enter text. |

1. Describe current programs focused on controlling high blood pressure in your state or locality. How does CDC’s 6|18 Initiative align with this work?

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| Click here to enter text. |

1. Which one or more of the 6|18 Initiative interventions related to controlling high blood pressure is most feasible for your state/locality to implement?

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| Click here to enter text. |

*After selecting one or more 6|18 interventions to implement, state teams should complete the “*[*6|18 Initiative Action Plan*](http://www.618resources.chcs.org/wp-content/uploads/2018/06/618-State-Action-Plan-Template.docx)” *to develop a work plan for completing 6|18-related activities.*

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| ADVAncing Implementation of the CDC’s 6|18 Initiative Through support from the Robert Wood Johnson Foundation, the Center for Health Care Strategies, in collaboration with a number of [partners](https://www.chcs.org/project/advancing-public-commercial-payers-implementation-cdcs-618-initiative/), is coordinating technical assistance to facilitate state Medicaid and public health implementation of the Centers for Disease Control and Prevention’s (CDC) 6|18 Initiative. The CDC’s 6|18 Initiative promotes the adoption of evidence-based interventions that can improve health and control costs related to six high-burden, high-cost health conditions — tobacco use, high blood pressure, inappropriate antibiotic use, asthma, unintended pregnancies, and type 2 diabetes. For more information and additional resources, visit [www.618resources.chcs.org](http://www.618resources.chcs.org).  |